

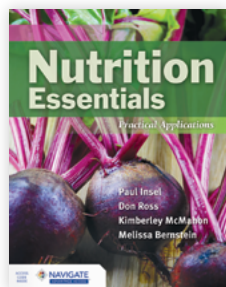
JONES & BARTLETT LEARNING'S

# 2024 COURSE GUIDE NUTRITION & DIETETICS



## INTRODUCTORY NUTRITION

### INTRODUCTORY NUTRITION



**Nutrition Essentials**  
*Practical Applications*  
Includes **Navigate Advantage Access**

**Paul Insel, Don Ross,  
Kimberly McMahon, Melissa Bernstein**

ISBN: 9781284251906  
Paperback | 750 pages | © 2024



**Discovering Nutrition**  
SIXTH EDITION  
Includes **Navigate Advantage Access**

**Paul Insel, Don Ross,  
Kimberly McMahon, Melissa Bernstein**

ISBN: 9781284139464  
Paperback | 848 pages | © 2019



**Nutrition**  
SEVENTH EDITION  
Includes **Navigate Advantage Access**

**Paul Insel, Don Ross,  
Kimberly McMahon, Melissa Bernstein**

ISBN: 9781284210958  
Hardcover | 1,025 pages | © 2023

### SPORTS NUTRITION

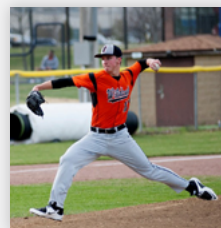


**Practical Applications in  
Sports Nutrition**  
SEVENTH EDITION  
Includes **Navigate Premier Access**

**Heather Hedrick Fink  
Alan E. Mikesky**

ISBN: 9781284284300  
Paperback | 550 pages | © 2025

#### ENGAGE STUDENTS WITH THESE INTERACTIVE CASE MODULES



A great add-on to **Sports Nutrition** and other courses, these 15 interactive case studies allow the user to review a variety of nutritional topics, including weight gain, weight loss, pre-event fueling, post-event recovery, and diabetes, and determine the best plan to achieve the individuals performance goals.

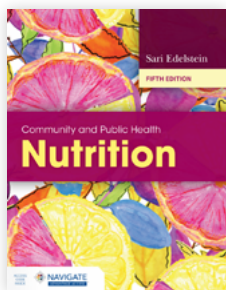
#### Navigate 2 Premier Access for Performance and Clinical Nutrition Case Modules

**Jennifer Ketterly**

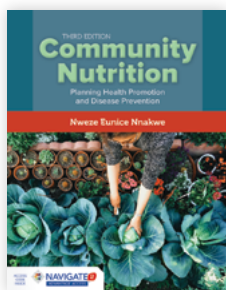
ISBN: 9781284197556  
eBook | ©2021

# EXPLORE OUR COMPLETE CURRICULUM FOR NUTRITION

## COMMUNITY & PUBLIC HEALTH NUTRITION

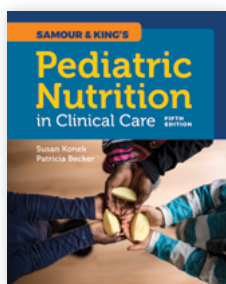


**Community and Public Health Nutrition**  
FIFTH EDITION  
Includes Navigate Advantage Access  
**Sari Edelstein**  
ISBN: 9781284234237  
Paperback | 488 pages | © 2023

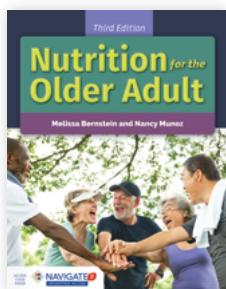


**Community Nutrition**  
*Planning Health Promotion and Disease Prevention*  
THIRD EDITION  
Includes Navigate Advantage Access  
**Nweze Eunice Nnakwe**  
ISBN: 9781284108323  
Paperback | 582 pages | © 2018

## NUTRITION FOR SPECIAL POPULATIONS

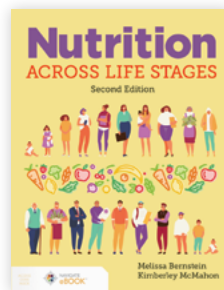


**Samour & King's Pediatric Nutrition in Clinical Care**  
FIFTH EDITION  
**Susan Konek**  
**Patricia Becker**  
ISBN: 9781284146394  
Paperback | 696 pages | © 2020



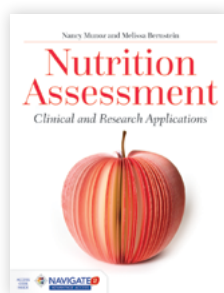
**Nutrition for the Older Adult**  
THIRD EDITION  
Includes Navigate Advantage Access  
**Melissa Bernstein**  
**Nancy Munoz**  
ISBN: 9781284149005  
Paperback | 568 pages | © 2020

## LIFE CYCLE NUTRITION



**Nutrition Across Life Stages**  
SECOND EDITION  
Includes Navigate eBook Access  
**Melissa Bernstein**  
**Kimberley McMahon**  
ISBN: 9781284207323  
Paperback | 608 pages | © 2023

## NUTRITION ASSESSMENT

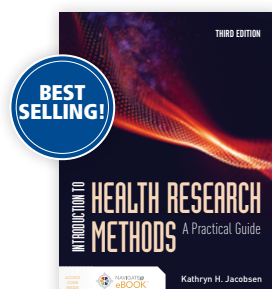


**Nutrition Assessment**  
*Clinical and Research Applications*  
Includes Navigate Advantage Access  
**Nancy Munoz**  
**Melissa Bernstein**  
ISBN: 9781284127669  
Paperback | 520 pages | © 2019

## NUTRITION RESEARCH



**Nutrition Research**  
*Concepts and Applications*  
SECOND EDITION  
**Karen Eich Drummond, Alison Reyes,**  
**Natalie K. Cooke, Virginia C. Stage,**  
**L. Suzanne Goodell**  
Includes Navigate eBook Access  
ISBN: 9781284227116  
Paperback | 450 pages | © 2023



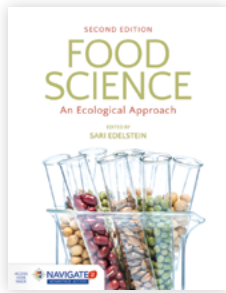
**Introduction to Health Research Methods**  
*A Practical Guide*  
THIRD EDITION  
**Kathryn H. Jacobsen**  
Includes Navigate eBook Access  
ISBN: 9781284197563  
Paperback | 404 pages | © 2021

To view our complete list of Nutrition offerings and more, visit: [go.jblearning.com/Nutrition](https://go.jblearning.com/Nutrition)

# EXPLORE OUR COMPLETE CURRICULUM FOR NUTRITION

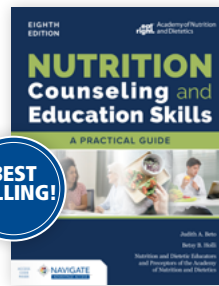


## FOOD SAFETY AND NUTRITIONAL SCIENCE



**Food Science**  
*An Ecological Approach*  
SECOND EDITION  
Includes Navigate Advantage Access  
**Sari Edelstein**  
ISBN: 9781284122305  
Paperback | 678 pages | © 2019

## NUTRITION COUNSELING & EDUCATION

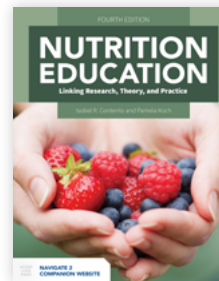


**Nutrition Counseling and Education Skills**  
*A Practical Guide*  
EIGHTH EDITION  
Includes Navigate Advantage Access  
**Judith A. Beto, Betsy B. Holli,**  
**Academy of Nutrition & Dietetics**  
ISBN: 9781284238532  
Paperback | 450 pages | © 2024

## FOOD SERVICE MANAGEMENT

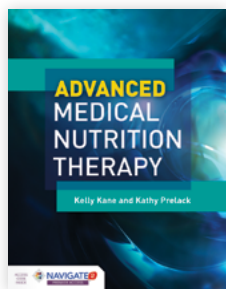


**Foodservice Operations and Management**  
*Concepts and Applications*  
Includes Navigate Companion Website  
**Karen Eich Drummond**  
**Mary Cooley**  
**Thomas J. Cooley**  
ISBN: 9781284164879  
Paperback | 700 pages | © 2022



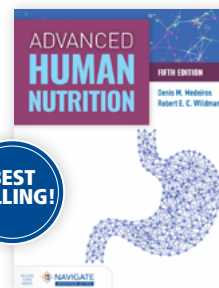
**Nutrition Education**  
*Linking Research, Theory, and Practice*  
FOURTH EDITION  
Includes Navigate Companion Website  
**Isobel R. Contento, Pamela A. Koch**  
ISBN: 9781284168921  
Paperback | 708 pages | © 2021

## MEDICAL NUTRITION THERAPY

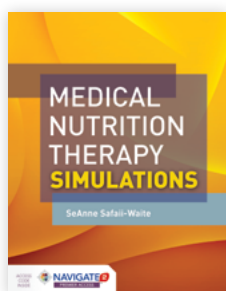


**Advanced Medical Nutrition Therapy**  
Includes Navigate Premier Access  
**Kelly Kane**  
**Kathy Prelack**  
ISBN: 9781284042634  
Hardcover | 812 pages | © 2019

## ADVANCED HUMAN NUTRITION & METABOLISM & DISEASE



**Advanced Human Nutrition**  
FIFTH EDITION  
Includes Navigate Advantage Access  
**Denis M. Medeiros**  
**Robert Wildman**  
ISBN: 9781284235135  
Paperback | 470 pages | © 2023



**Medical Nutrition Therapy Simulations**  
Includes Navigate Premier Access  
**SeAnne Safai-Waite**  
ISBN: 9781284161076  
Paperback | 138 pages | © 2019

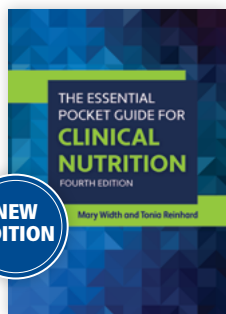


**Modern Nutrition in Health and Disease**  
TWELFTH EDITION  
**Katherine L. Tucker,**  
**Christopher P. Duggan, Gordon L. Jensen,**  
**Karen E. Peterson, A. Catherine Ross,**  
**Riva Touger-Decker**  
ISBN: 9781284264432  
Hardcover | 1,600 pages | © 2026

**Questions?** Contact Your Account Specialist and Request Your Review Copy at [www.jblearning.com](http://www.jblearning.com)

# DIETETICS PRACTICE

## CLINICAL NUTRITION

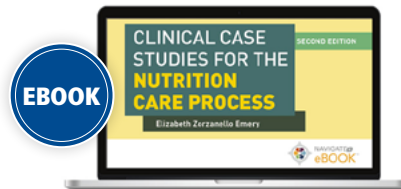


### The Essential Pocket Guide for Clinical Nutrition

FOURTH EDITION

Mary Width  
Tonia Reinhard

ISBN: 9781284288582  
Paperback | 575 pages | © 2025



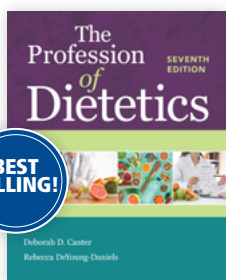
### Clinical Case Studies for the Nutrition Care Process

SECOND EDITION

Elizabeth Zorzanello Emery

ISBN: 9781284157208  
Navigate 2 eBook | © 2021

## INTRODUCTORY DIETETICS



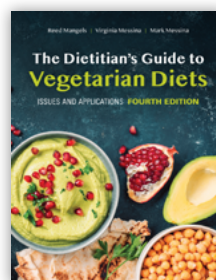
### The Profession of Dietetics

SEVENTH EDITION

Deborah D. Canter  
Rebecca DeYoung-Daniels

ISBN: 9781284200188  
Paperback | 270 pages | © 2022

## DIETETICS RESOURCES



### The Dietitian's Guide to Vegetarian Diets

Issues and Applications

FOURTH EDITION

Reed Mangels, Virginia Messina  
Mark Messina

ISBN: 9781284211108  
Paperback | 600 pages | © 2022

# ENSURE ALL STUDENT ARE READY ON DAY ONE WITH INCLUSIVE ACCESS

Jones & Bartlett Learning is pleased to join our premier partners in providing our best-selling textbooks in inclusive, day-one access formats.

## Why Offer Day-One Inclusive Access?

### CLASS PREPAREDNESS

Ensure students have access to course materials on the first day of class  
Students can opt-out as needed before the add/drop period

### AFFORDABILITY

Ensure your offering the best price on course materials. Financial aid will apply.

### CAMPUS BOOKSTORE SALES

Drive 100% of textbook sales through your campus store

### IMPROVED STUDENT OUTCOMES

With enriched eBooks in hand from day-one, students have the resources they need for success.

Learn more at [jblearning.com/inclusiveaccess](https://www.jblearning.com/inclusiveaccess) or contact your rep today at: <https://www.jblearning.com/contact>